



## Pebbles Project Trust

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### PEBBLES PROJECT CLOUDS FOUNDATION – PROGRESS REPORT APRIL 2016

PROGRAMME	OBJECTIVES	PROGRESS
<p><b>OUTDOOR PLAY AREAS</b></p>  <p>Jungle gym at Flenterskloof</p>	<p>To provide stimulating and educational outdoor environments to 9 ECD centres. To maintain the upkeep of the outdoor play areas that were erected during 2014 to 2015.</p> <p>To assist children to practise and master emerging physical and gross motor skills.</p> <p>To assist children with cognitive and social development.</p> <p>The long term goal is to provide each ECD centre with a sensory outdoor play area which will include pathways to explore, hills to climb and roll down, water features, sandpits, scented plants and rocks to climb.</p>	<p><b>New outdoor play areas</b></p> <p>In this time period, a proposal for three more jungle gyms were submitted. These include Remhoogte ECD centre and Delheim ECD centre. Pebbles is also coordinating the erection of a jungle gym at Kid's Kingdom ECD centre in Muizenberg. The proposal has been approved and the company, Creative Dynamics, is busy with manufacturing and erection of Muizenberg's jungle gym. Delheim and Remhoogte will follow.</p> <p><b>Before photos of outdoor play areas:</b> <b>Remhoogte ECD</b></p> 



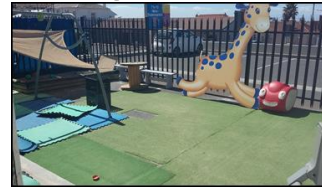
Villiera ECD Centre

All materials used in the play areas are natural – wood, rock, stones, plants and sand to be more environmentally-friendly and also to try and avoid theft and vandalism.

### Delheim ECD



### Kids Kingdom ECD



## NUTRITION PROGRAMME



## ECD PROGRAMME

The goal of the Nutrition programme is to provide each ECD child attending a wine farm ECD centre (approximately 300 children in 2015) with a nutritious breakfast and lunch to ensure they are receiving optimal nutrients through a healthy weekly menu plan.

Specially prepared meals will be bought in bulk, delivered to each ECD centre where the staff will serve it. This system reduces the workload of the ECD centre staff and also reduces the potential for food to become spoilt or used beyond best-before dates.

## ECD PROGRAMME PROGRESS

With the start of a new year, the nutrition programme is going well. Once a month Pebbles has an “induction day” where all the new children enrolling in the ECD programme for the first time come with their parents to meet all the programme managers and clinic staff who will be working with their children. This is an important opportunity for the nutrition programme manager to explain why certain food are given to the children rather than others and the benefits of those food groups to the parents. Through the programme we have found that if the parents are supportive and on board with the food provided, the children will be more accepting and willing to eat and enjoy the food.

Because the ECD nutrition programme has been running for nearly two years, the children are well accustomed to the meals, this also helps the new children enrolled in the centre to feel at ease as their peers are enjoying the food.



### ASC PROGRAMME

The goal of the nutrition programme for the After School Clubs (ASC) is to provide 300 school going children with a cooked lunch and a fruit or yogurt snack daily. It is the same menu for the ECD and ASC centres which is made and bought in bulk and delivered to the centres.

For most of the children these will be the only substantial meals of the day and are guaranteed to be meals that will provide 100% of the nutrition that they require to grow and learn.

### ASC PROGRAMME PROGRESS

The ASC nutrition programme is going well. It is the beginning of a new academic year, Pebbles ASC education programme takes this time to test the academic abilities of all the learners so their individual progress can be tracked throughout the school year. The nutrition programme provided sandwich and fruit parcels to each learner during test week so that valuable time is not taken away from writing the tests.

Each ASC centre has a cleaning roster that the teachers and learners are collectively responsible for drawing up and allocating tasks to learners so that cleaning and food serving responsibilities are shared. The learners get a sense of pride and it teaches them important life skills. Some learners even argue about who's turn it is to dry the dishes!

We are also very excited about the newly branded vehicle and baking ovens that have arrived. Construction to fit the ovens at Shiloh's kitchen are currently taking place and we hope to have the new and improved baked meals menu up and running in the next month. Thank you for making this all possible!

Thank you for your generous funding for our programmes.

Estee du Toit – General Manager

Rachel Ward – Nutrition Programme Coordinator

The Pebbles Project Trust

April 2016

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