



## **Pebbles Project Trust**

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## **PEBBLES PROJECT CLOUDS FOUNDATION**

### **PROGRESS REPORT – DECEMBER 2017**

## ECD NUTRITION PROGRAMME



Learners enjoying the year end parties



Young ECD learners enjoying their lunch meals

The goal of the Nutrition Programme is to provide each ECD child attending a wine farm ECD centre (approximately 400 children in 2017) with a nutritious breakfast, as well as lunch, through a healthy weekly menu plan, therefore ensuring they receive optimal nutrients every school day.

Specially prepared meals will be bought in bulk, delivered to each ECD centre where the staff will serve it. This system reduces the workload of the ECD centre staff and also prevents food from becoming spoilt or used beyond best-before dates.

Over the last 3 months the Nutrition Programme has continued to feed all of the learners on a daily basis and has also provided food to the children for the Christmas party.

During the month of November Shiloh Foods donated 800 packets of rice cakes to all the Pebbles learners, including the Citrusdal children. We are thankful for this partnership and all of the donations we have received from them during 2017.

A few months ago, an insurance company (Outsurance), donated 100 bottles of 10L water to the Nutrition Programme. The programme is still distributing this water to the ECDs and ASCs weekly. As the heat of the summer is approaching this donation is becoming very useful. We will continue to distribute the water to the centres during the hot summer months of January and February.

The programme also assisted with the various annual Christmas parties for the learners in both Stellenbosch and Citrusdal. It's a fun day out for the learners where they can play, run around and eat the rare sweet treat.

### Current challenges:

**Summer menu at Shiloh** – Having a more varied summer menu at Shiloh Foods. We implemented more summer meals a few years ago but they are reliant on donations and supplier costs, so some summer meals that we previously included in the menu had to fall away.

**Egg price increase-** The price of eggs has increased as the result of a decrease in supply. This is due to the massive outbreak of bird flu in the Western Cape.

## ASC NUTRITION PROGRAMME



After School Club learner assisting with washing up after lunch is eaten

The goal of the Nutrition Programme for the After-School Clubs (ASC) is to provide 300 school-going children with a cooked lunch and a daily snack, fruit or yogurt. We use the same menu for the ECD and ASC centres, the food is bought in bulk and the meals are delivered to the centres.

For most of the children these will be the only substantial meals of their day and are guaranteed to be meals that will provide 100% of the nutrition that they require to grow and learn.

The ASC Nutrition Programme had a successful 2017. It is great to see the learners wanting to take responsibility for the programme and assisting with reheating the food, serving lunch meals to younger learners, washing up utensils and handing out snacks. They really take pride in assisting their teachers and the younger students. At some of the after-school club facilities, those individual learners who attend the after-school club regularly and who are on time, are also responsible for collecting the lunch and snacks daily from the ECD centre. They also take pride in this and are very excited to tell the programme coordinator that they have been given this task for the month.

The school year ended on the 6<sup>th</sup> of December. The after-school club learners also enjoyed their year-end awards ceremony where deserving students received awards for academics, attendance, and sporting achievements.

We are looking forward to another great year in 2018!

“Thank you for your generous funding for this programme.”

Estee Heyns – General Manager  
Rachel Ward – Nutrition Programme Coordinator  
The Pebbles Project Trust  
DECEMBER 2017

**Pebbles Project South Africa Trustees**

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